

## Gender & Health Course

To realize gender equality in health care, sex and gender dimension needs to be integrated in all aspects of research and clinical practice. This course brings together experts from a multitude of disciplines including clinical, basic science, public health and policy and provides participants with resources that will assist them in developing and strengthening gender-equal clinical care and research programs. The course will focus on the critical health issues for women and men through the life cycle, challenges of integrating sex and gender from the health research, practice, and policy perspectives, as well as strategies to address these challenges.

This course is formerly known as Women's Health (NIHES EP19).

#### The course covers five broad and interrelated thematic areas per day:

Gender & health equity: the international agenda

Gender & cardiometabolic health

Gender & neurocognitive health

Gender & reproductive health

Global perspectives on gender & health

#### The Gender & Health course is suitable for:

Undergraduate medical students, clinicians, health scientists, and those contemplating or doing a Masters or PhD in a related area.

# Gender in Research Workshop

During this workshop, we will explain how sex and gender can be included in the various phases of the research process. The workshop will focus on choices in design, methods and analysis. In addition, attention is paid to research team composition, publications, and gender-sensitive implementation.

Our main purpose is to provide participants with insight into methods for incorporating sex and gender in research. Participants will also be divided into small groups to work on several projects. As such, this workshop will serve to form new communities of young, talented researchers who can join forces on addressing different gender-sensitive topics in future.

#### The Gender in Research workshop is suitable for:

- PhD students and scientists at the beginning of their career (maximum 5 years of experience after PhD).
- Those interested in how to include sex and gender in the various phases of clinical, public health, and epidemiological research.

The ZonMw Gender and Health Knowledge Program will provide 20 Gender in Research Fellowships for PhD-students and post-doctoral trainees to attend the Gender and Health course and participate in the Gender in Research workshop. Eligibility and assessment criteria as well as the application form can be found on https://www.zonmw.nl/en/news-and-funding/funding/open-for-proposal/

### Information

#### **Date**

19 - 23 August 2019

#### **Faculty**

Dr. Maryam Kavousi, MD, PhD

Dr. Jeanine Roeters van Lennep, MD, PhD

Dr. Miranda van Duijn, PhD

Invited speakers

#### Location

Erasmus University Medical Center

Dr. Molewaterplein 40, 3015 GD Rotterdam, The Netherlands

#### **EC** points

Gender & Health Course: 0.7

Gender in Research Workshop: 0.7

#### More information

https://erasmussummerprogramme.nl/genderandhealth

#### Contact

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#### **Application**

https://erasmussummerprogramme.nl/online-registration/