

Online support program for parents of children with a chronic kidney disease

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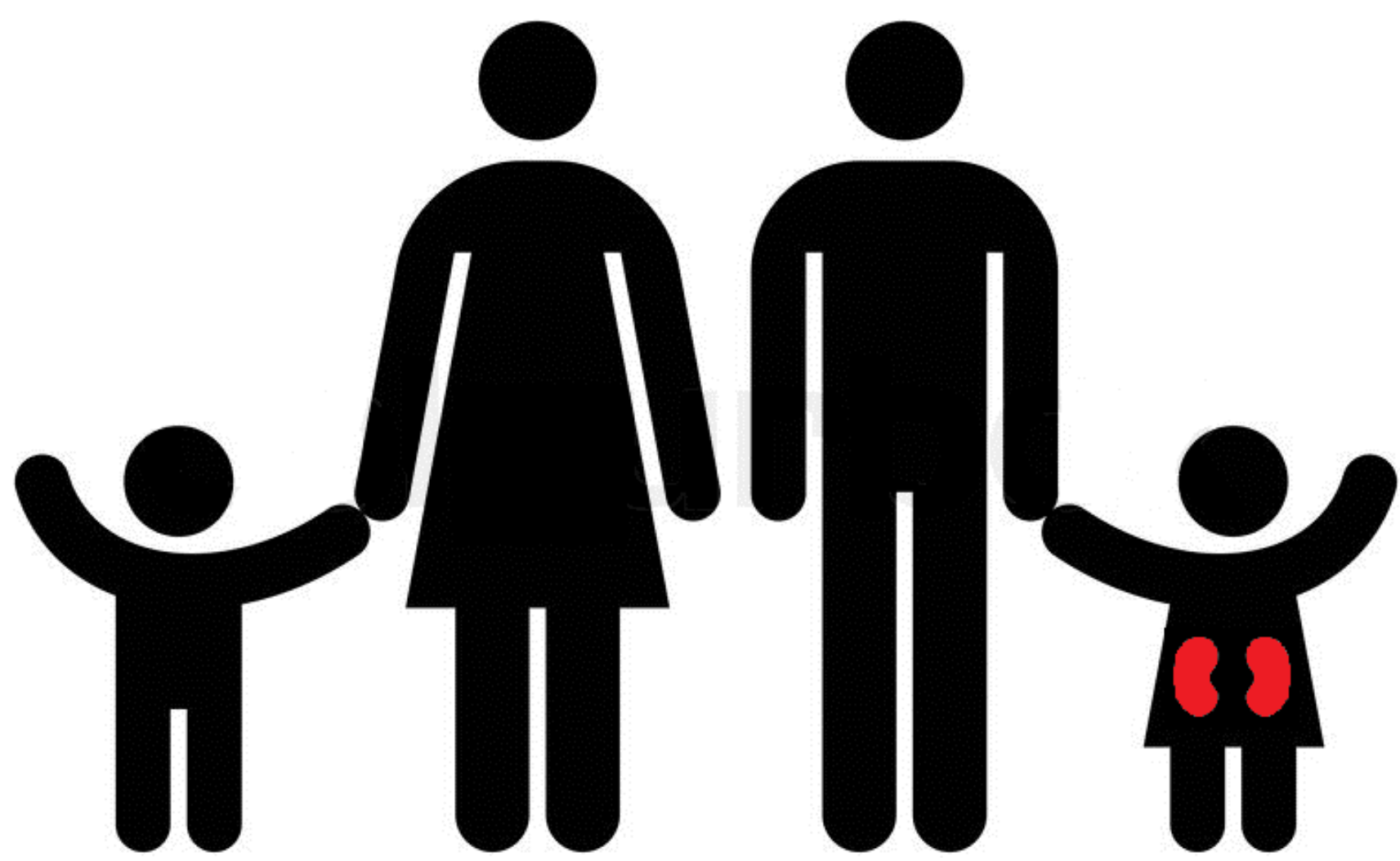
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Introduction

- Care for children with CKD is complex¹
- Parents have a key role in disease management child²
- Difficulties in finding balance managing care and personal life³
- High levels of stress among parents⁴

Objective: to develop and evaluate an online support program for parents of children with CKD

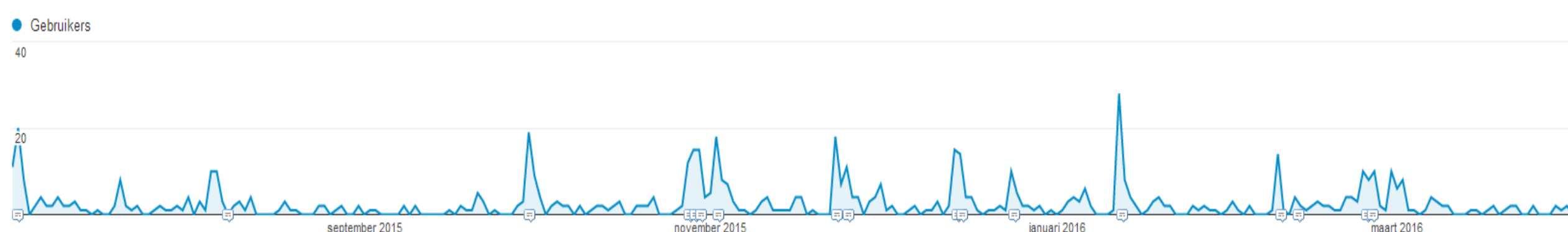
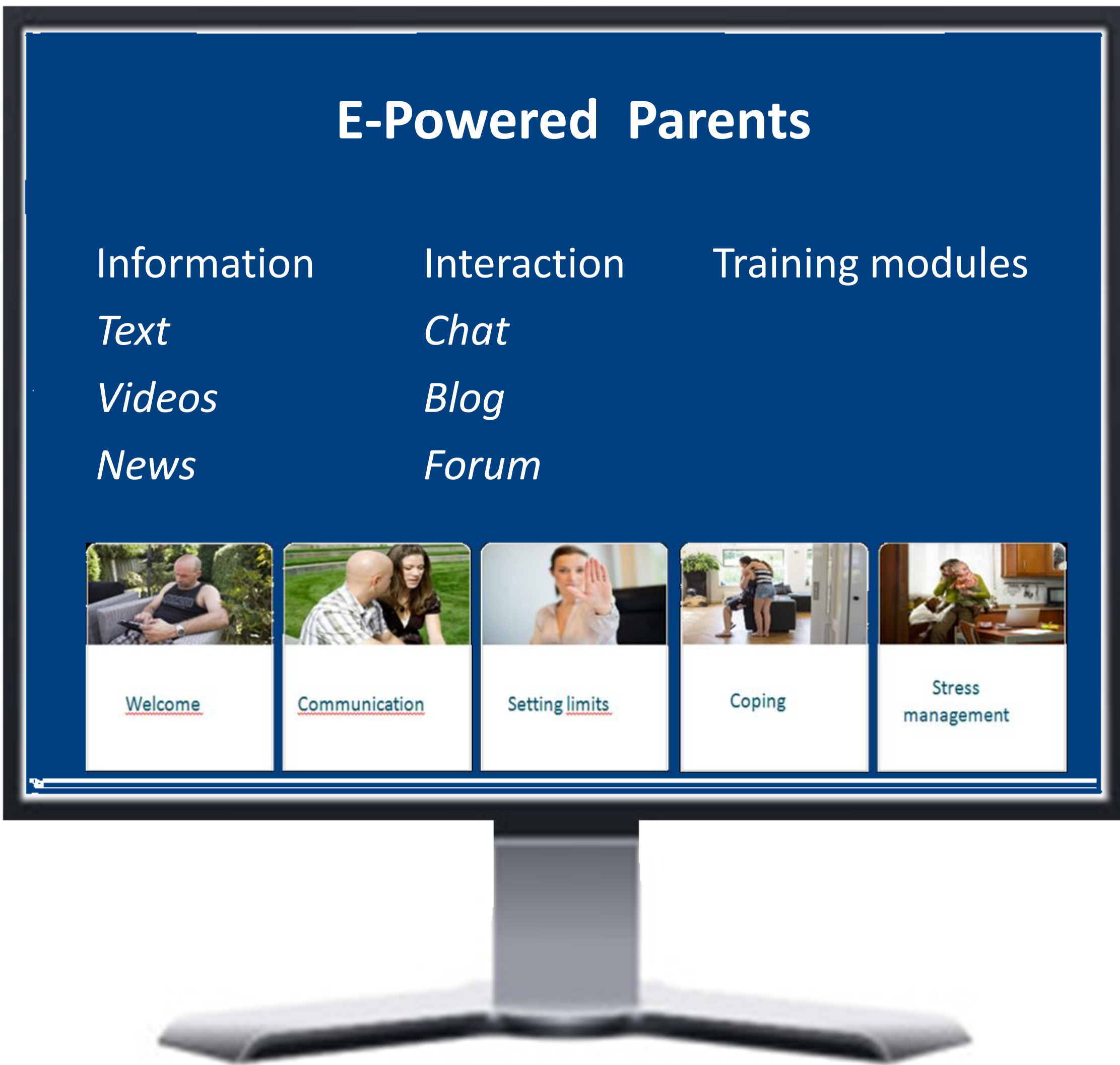
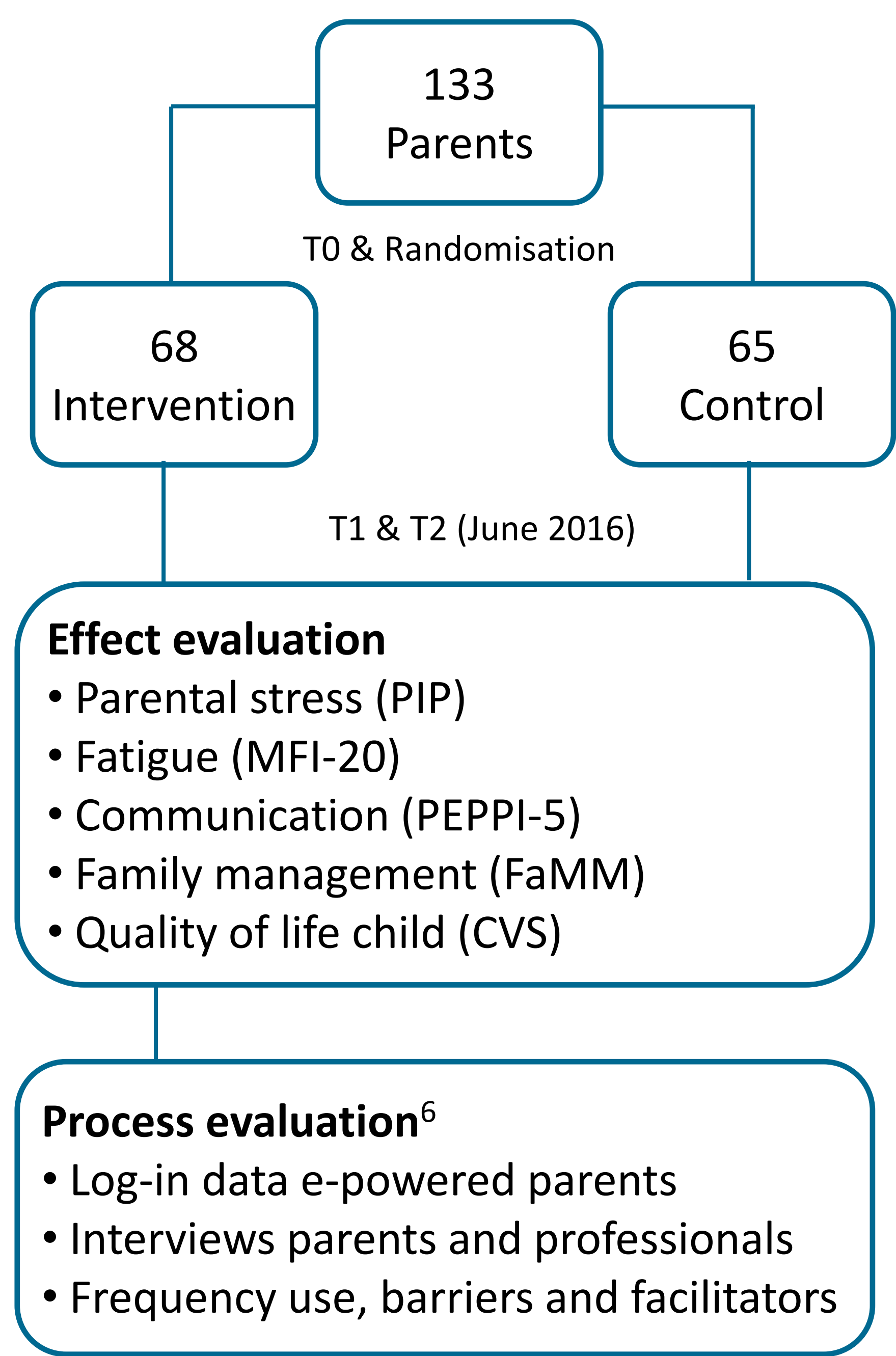


Development

Intervention Mapping ⁵	How?
1. Conducting a needs assessment	Literature review and focus groups
2. Defining program objectives	Creating matrixes using determinants (e.g. attitudes)
3. Selecting methods and applications	Theory of Planned Behaviour and BCTs
4. Developing the program	Online information, interaction, training modules
5. Implementing the program	One university medical centre
6. Evaluation of the program	Effect and process study

Evaluation

Feasibility study using a RCT



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